

PEAK Moment TV Schedule for February 2011

On WCKN, Time Warner Cable Station 30, at 7 pm

February 7 & 8:

#138 **The Twilight of an Age**

In his book, The Long Descent, John Michael Greer observes that our culture has two primary stories: "Infinite Progress" or "Catastrophe". On the contrary, he sees history as cyclic: civilizations rise and fall. Like others, ours is exhausting its resource base. Cheap energy is over. Decline is here, but the descent will be a long one. It's too late to maintain the status quo by swapping energy sources. How to deal with this predicament? He lays out practical ideas, possibilities, and potentials, including reconnecting with natural and human capacities pushed aside by industrial life.

<http://www.thearchdruidreport.blogspot.com/>

February 14 & 15:

#147 **A Geodesic Greenhouse — Year-Round Gardening at 6000 Feet**

In Colorado it's cold for much of the year, but inside this cozy dome greenhouse, the plants are growing happily. Take a grand tour with Buckhorn Gardens manager and permaculturist Breigh Peterson: the greenhouse structure with its interplay of light and water, warmth and air; curving raised beds of vegetables and flowers; fish tanks moderating the temperature; vertical trellises and shelves to use vertical space. Outdoors a huge garden of row crops and a young orchard are complemented by free-roaming chickens and ducks.

<http://buckhorngardens.blogspot.com/>

February 21 & 22:

#166 **The Crash Course — Exponential Growth Meets Reality**

"The next twenty years will be totally unlike the last twenty... We'll face the greatest economic and physical challenges ever seen by our country, if not humanity." So opens Chris Martenson's much-viewed online Crash Course illuminating the relationship between economy, energy and the environment. Starting with the power of exponential growth, he tidily sums up

our economic problems: Too Much Debt. Chris discusses the implications if we continue the status quo, and ways to prepare. He believes that "if we manage the transition elegantly we can actually improve things."

<http://www.chrismartenson.com/crashcourse>



February 28 & March 1:

#168: **Four Acres and Independence – A Self-Sufficient Farmstead**

Take a tour of Mark Cooper's self-sufficient small farm in Rough and Ready. Over several years, he transformed a rundown house and hillsides covered with berry brambles into pasture and gardens where he produces and preserves most of his family's food. Visit the Goose Grotto in a constructed pond, a heritage fruit tree orchard, oak logs producing shiitake mushrooms, and a cheap-and-easy container kitchen garden. All with the basic how-to's for producing this abundance. Mark gives us a close up tour of the solar dehydrator he constructed from salvaged materials, along with his tips on food drying.

PEAK Moment TV is sponsored by the Center for Excellence in Communication at Clarkson University and the Seymour Family of Potsdam.

Peak Moment explores locally reliant living for challenging times.